

- NSB works to ensure the demands of nutrition for all human resources on the base of the food pyramid. The Food Guide Pyramid emphasized the importance of eating a balanced, varied diet by depicting five main food groups: grains, fruits, vegetables, dairy products and other proteins, including meat, fish, beans, nuts and eggs.

EAT SPARINGLY



Food pyramid in Bangladesh

Secretariat

Bangladesh Breastfeeding Foundation

Institute of Public Health (IPH), Room#195-201, (ground floor), Mohakhali, Dhaka-1212. ☎ 880-2-9860801, 8813734

✉ nsb.bangladesh.bd@gmail.com, 🌐 www.nsb-bangladesh.org,

Facebook-Nutrition Society of Bangladesh

Executive Members of NSB

1. Prof. Dr. S. K. Roy
President, Executive Council, NSB
2. Prof. Dr. M. A. Mannan
Vice President, Executive Council, NSB
3. Prof. Fatima Suriya
Vice President, Executive Council, NSB
4. Prof. Nurun Nahar Begum
General Secretary, Executive Council, NSB
5. Mr. Md. Mahfuzur Rahman
Associate General Secretary, NSB
6. Ms. Khurshid Jahan
Associate General Secretary, NSB
7. Mr. Md. Eshaque Ali
Treasurer, Executive Council, NSB
8. Late M A Wahed (Former Acting President, NSB) Member, Executive Council, NSB
9. Prof. Md. Khalilur Rahman
Member, Executive Council, NSB
10. Dr. S.A. Sarker
Member, Executive Council, NSB
11. Dr. Quamrun Nahar
Member, Executive Council, NSB
12. Dr. Habibur Rahman
Member, Executive Council, NSB
13. Ms. Shamsun Naher
Member, Executive Council, NSB
14. Ms. S.A. Jahan Mousumi
Member, Executive Council, NSB
15. Ms. Ferdous Ara
Member, Executive Council, NSB
16. Dr. Kanika Mitra
Member, Executive Council, NSB
17. Ms. Mansura Khanum
Member, Executive Council, NSB
18. Moffashara Sultana Ratna
Member, Executive Council, NSB



Nutrition Society of Bangladesh

Estd. March 26, 1971



Nutrition for Development

Secretariat

Bangladesh Breastfeeding Foundation

Institute of Public Health (IPH), Room#195-201, (ground floor), Mohakhali, Dhaka-1212. ☎ 880-2-9860801, 8813734

✉ nsb.bangladesh.bd@gmail.com, 🌐 www.nsb-bangladesh.org,

Facebook-Nutrition Society of Bangladesh

Background

Nutrition Society of Bangladesh is a non-political but voluntary professional organization where the Nutrition Scientists, Nutrition Workers, Sociologists, Economics, Anthropologists and Opinion Leaders work together to achieve their common aims to help improve the physical quality of the human resources, the best assets of Bangladesh. Nutrition Society of Bangladesh (NSB) was established in March 26, 1971. Since then till date NSB continuously supported to the National and International nutrition movement all over.

Goal

The main goal is to uplift the potential of human resources in Bangladesh challenged with double burden of malnutrition and consequent morbidity and poor quality of life, through promotion of better nutrition at family level.

Mission

- To help create awareness on and to advocate and lobby the importance of nutrition and the scourge of malnutrition;
- To disseminate nutritional knowledge, particularly knowledge to the grass root level through the mass media, folk media distribution of extension materials, publication of journals and periodicals and through organization of seminars, workshops, meetings, exhibitions;
- To assist in monitoring and surveillance of nutrition situation in the country, specially among the low income groups;
- To co-operate with the Government in a continuous review and provide with necessary feedback to National Nutrition Policy and the National Plan of Action for Nutrition and when introduced

- To make recommendations from time to time, as appropriate for improvement of the nutrition situation of the vulnerable groups with special emphasis on the development of the human resources;
- To stimulate research in nutrition through awards, research grants, citations and recommendations; To facilitate formulation and implementation of programs of nutrition education, specially at the grass root level; and
- To keep abreast of updated knowledge, skill and research with International nutrition communities.

Vision

NSB will advance knowledge on nutrition of the life cycle approaches nationally and internationally through advocacy and research.

Structure

The Executive Council consists of 18 members including the office bears as shown below:

I. President	1(one)
II. Vice-Presidents	2(two)
III. General Secretary	1(one)
IV. Associate General Secretaries	2(two)
V. Treasurer	1(one)
VI. Members (including at least 3 women)	11(eleven)

Functions

- Nutrition Society of Bangladesh (NSB) has been technically supported to the BNNC from beginning.
- NSB organized 7th Bangladesh Nutrition Conference at Osmani Memorial Hall in Dhaka held on 15th March, 1997. Hon'ble Prime Minister **SEIKH HASINA**, Govt. of the People's Republic of Bangladesh was the Chief Guest and inaugurated the function.



7th Bangladesh Nutrition Conference organized by NSB & inaugurated by Honorable Prime minister of Bangladesh in 1997

NSB formerly participated in the following issues:

- National Food & Nutrition Policy 1983,2006 as well as 2015
- National Food Policy 2006
- National Health Policy 2011
- Food safety Act 2013
- BMS Act 2013
- National Agriculture Policy 2013
- National Dietary Guideline 2015
- Complementary Food Recipe Book 2013
- Updated National Nutrition Policy 2015
- NSB works to participate with government to fulfill objectives of National Nutrition Policy and National Food Based Dietary guidelines. Works with UN agencies like WHO, UNICE, FAO and others to improve nutrition.